



## FULL DAY WORKSHOPS

### Dermatology Masterclass - with Ivan Bristow

With the wealth of knowledge Ivan has within Dermatology, and his passion for teaching, this full day workshop will be one not to miss! There are 4 main areas that Ivan will be focusing on:-

09.30	<b>Welcome and Introduction</b> - Ivan Bristow
09.40	Emollient Workshop with Ivan's specialist nurse. An in depth discussion and hands on workshop.
11.00	<b>Break</b>
11.30	Fungal Infections
12.30	<b>Lunch</b>
13.30	Inflammatory Skin Conditions
14.30	<b>Break</b>
15.00	General Skin Conditions
16.00	<b>Summary and Close</b>

If you have anything in particular you would like Ivan to focus on in the general skin conditions, he asks that you email me on [donna@foot-health.co.uk](mailto:donna@foot-health.co.uk) and he will try and incorporate it.

## HALF DAY WORKSHOPS

### Hapla Padding and Retentive Strapping for the Lower Limb Morning Only - 9.20am - 12.20pm

Mike Ratcliffe from Cuxson is back to give his 3hour practical session.

Students will be enabled to demonstrate and evaluate the appropriate application of selected Hapla paddings and retentive strapping as part of a combined therapeutic approach to lower limb pathologies, using information and practical skills provided on the training session, for immediate use in their clinical environment.

09.15	<b>Introduction</b> - The function of padding and retentive strapping
09.30	<b>Demonstration and Workshop</b> - The plantar metatarsal pad and the metatarsal shaft pad (to encourage digital extension and offer restoration of the tarso-metatarsal joint function)
10.15	<b>Demonstration and Workshop</b> - Manufacture of the replaceable toe prop (to extend digits and reduce digital apical, dorsal interphalangeal and plantar metatarsophalangeal joint pressure)
11.00	<b>Demonstration</b> - Manufacture of the valgus filler pad (for talar head support and reduction of heel weight bearing)
11.15	Break
11.45	<b>Demonstration and Workshop</b> - Protective padding for hallux abducto-valgus/Tailor's bunion - the 'nested' cavity pad and the replaceable pad alternative
12.15	<b>Demonstration and Workshop</b> - A rapid application of the plantar cover pad with retentive strapping for plantar pressure reduction using felt and foam padding.
12.30	<b>Summary and Close</b>



## HALF DAY WORKSHOPS AM

### Toeflex with Only Footcare. Morning session 09.15 - 12.45

Denise Dickenson from Finest Feet Academy is giving a 3-hour practical session on Toenail reconstruction using the Toeflex System

Providing a solution to unsightly, damaged and diseased toenails has become a mainstream activity for modern foot care professionals. Clients no longer accept that their nails can't look good while recovering from a mycotic, dystrophic or traumatic nail etc. If foot care practices don't offer this service, clients will seek out other solutions to their aesthetic problem

09.15	<b>Introduction</b> – What is toe nail reconstruction? Toeflex Hybrid-Gel utilises the latest gel technology and is the most modern and up-to-date material for reconstruction
09.30	Presentations on Who should have Toeflex reconstruction and why
11.00	Demonstration – 4 Steps to Perfect Reconstructions with a Hybrid Gel Preparation, Primer, Building and Finishing
11.30	<b>Break</b>
11.45	Students practice, all students will have the product to practice applying a nail reconstruction and seeing the ease of application
12.30	Facts on Maintenance, Allergic Reactions, Contraindications.
12.45	<b>Summary and Close</b>



## HALF DAY WORKSHOPS PM

### Onyfix with Only Footcare.

Denise Dickenson from Finest Feet Academy is giving us a 3-hour practical session on Onyfix toenail correction system

The Onyfix toenail correction system is a versatile and innovative product that enables completely painless treatment of almost all forms of involuted and ingrown toenails.

Pain-free with rapid results & suitable for diabetics. As your nail grows, it will retrain your nail back into a natural position and shape.

13.45	Introduction to the Onyfix system. Presentations highlighting the following: <ul style="list-style-type: none"> <li>▪ History of Onyfix</li> <li>▪ Benefits of Onyfix and Patient Classifications</li> <li>▪ Contra-indications of Onyfix</li> <li>▪ Clinical studies</li> <li>▪ Onyfix Kits</li> <li>▪ Case studies</li> </ul>
14.45	Demonstration – Application of Onyfix nail correction system
15.00	<b>Break</b>
15.30	Application practice for all students to experience applying Hard Composite brace and Soft Composite brace.
15.45	Students practice, all students will have the product to practice applying a nail reconstruction and seeing the ease of application
17.00	<b>Summary and Close</b>